



## **Voci Dance - Master Class Lesson**

### **INTRODUCTION**

Teacher introduces themselves, talks about Voci Dance, and various dance forms.

### **DISCUSS: DANCE FORMS**

What is a dance form?

Ask students to contribute. Suggest more, if necessary.

### **COMPARE AND CONTRAST: DANCE FORMS**

- Compare and contrast modern dance and ballet verbally and through demonstration.
- Brief history of ballet and modern dance.

### **DANCE: TECHNIQUE**

Instructor will lead students through a basic fundamentals of modern dance class which will include center work (on the floor and standing) across the floor locomotor movements and back to center.

Class may include exercises rooted in the following techniques:

- Laban
- Graham
- Limon
- Cunningham
- other techniques

Technical exercises will be determined by the instructor based on student level and needs.

**HISTORY:** The instructor will show historical connections to the movement exercises throughout the class.

### **CHOREOGRAPHY/ IMPROVISATION**

The instructor will give explanations of choreography and improvisation and lead the class in basic choreography and improvisation exercises.

### **COOL DOWN**

Stretch/ cool down

### **DISCUSS/REVIEW**

Discuss and review concepts explored in class

\*Please note, this lesson is easily modified for multiple grade levels.

## STANDARDS

This performance/ lesson correlates to the following Next Generation Sunshine State Standards: <http://tools.fcit.usf.edu/sss/sssSearch.php>

1. DA.3.C.1.2 Learn movement quickly and accurately through application of learning strategies
2. DA.3.C.2.2 Share and apply feedback to improve the quality of dance movement
3. DA.3.S.1.1 Create movement to express feelings, images, and stories
4. DA.3.S.2.2 Learn and repeat movement using observation and listening skills

This class addresses multiple standards across all grade levels.

### **Useful links:**

Dance Technique for Children, Mary Joyce: <http://www.amazon.com/Dance-Technique-Children-Mary-Joyce/dp/0874845815>

Laban Movement Analysis: [http://en.wikipedia.org/wiki/Laban\\_Movement\\_Analysis](http://en.wikipedia.org/wiki/Laban_Movement_Analysis)